

**North Maharashtra University,
Jalgaon.**

SYLLABUS FOR

FYBA

PSYCHOLOGY

(With effect from June 2009-10)

Semester System

North Maharashtra University, Jalgaon

Syllabus for F.Y.B.A Psychology

'General Psychology'

(To be implemented from June 2009 - 2010)

Objectives:

- 1) To familiarize the students with the basic concepts in psychology.
- 2) To help the students to understand the relations of biological and Psychological aspects of behavior.
- 3) To relate the fundamental principles of psychology in everyday life.
- 4) To get acquainted students with some important applications areas of Psychology.

Semester-I

Marks 40

Code No. PSY-G.101 (A)

Period 48

Topics:

1) Nature-Scope and methods of Psychology (Marks 10) (Period 12)

- 1.1 Historical background and schools of Psychology (Structuralism, Functionalism, behaviorism, Gestatism & Psychoanalysis)
- 1.2 Definition & various fields of psychology (Child psychology, educational, social, Industrial, clinical, women's psychology, counseling, military, criminal & Environmental psychology)
- 1.3 Methods of Psychology (Introspection, observation, experimental)
- 1.4 The importance to study psychology today (With reference to interpersonal Relation, terrorism, relaxation to stress, interview, facing, competition & Blind beliefs in society, building personality, etc.)

2) Personality (Marks 10) (Period 12)

- 2.1 Nature, meaning -misconception in personality
- 2.2 Types & traits, classification of personality.
- 2.3 Theories of personality.
Freuds' Psycho-analytic theory
Rogers' self theory
Dollard and Millers' social learning theory
- 2.4 Personality Assessment.
(Interview, questionnaire' projective technique, behavioral observation Method)

3) Biological Foundation of behavior (Marks10) (Period 12)

- 3.1 Neurons; structure and function of neuron and synapse (fig)
- 3.2 CNS: Brain structure and its functions
- 3.3 Heredity Mechanism (from conception to twins)
- 3.4 Chromosomal Disorders
(Fragile, single 'X' chromosome, Excess chromosome, dominant and Recessive genes etc.)

4) Human Abilities (Marks 10) (Period 12)

- 4.1 Nature & definition of intelligence
- 4.2 Concepts & measurement of intelligence, types of intelligent tests.
(CA, MA, IQ\ Individual & group tests, verbal & performance, Stanford-Binet & WAIS)
- 4.3 Theories of intelligence (Guilford, Thurstone, Speermans theory)
- 4.4 Mental Retardation, types & reasons of mental retardation.

Semester – II

Marks – 40

Code No. PSY-G-201 (A)

Period - 48

5) Learning & Memory. (Marks 10) (Period 12)

- 5.1 Nature & definition of learning.
- 5.2 Methods of learning
(Trial & error, insight, Classical & instrumental conditioning)
- 5.3 Nature-definition & types of memory (STM-LTM & its subtypes)
- 5.4 Nature of retention & forgetting (Retention – Recall, Recognition, Reconstruction & Saving Method)
Forgetting: Disuse theory, interference, and repression & Accident theory.

6) Sensation (Marks 10) (Period 12)

- 6.1 Vision - Structure & function of human eye.
- 6.2 Hearing - Structure & function of human ear.
- 6.3 Chemical Senses
- 6.4 Coetaneous Sensitivity.
- 6.5 Light & dark adaptation, colour blindness.

7) Attention and Perception

(Marks 10) (Period 10)

- 7.1 Nature and definition of attention
- 7.2 Determinants of attention
- 7.3 Nature and definition of perception
- 7.4 Organizational principals of perception.
- 7.5 Illusion & Hallucinations

8) Motivation & Emotion

(Marks 10) (Period 14)

- 8.1 Motivation – Meaning, motivation cycle, Maslo’s hierarchical theory of Motivation
- 8.2 Types of motivation
Biogenic motives- Hunger, thirst, sex like seven motives
Sociogenic motives –Achievements, Affiliation, power motives like Seven motives.
- 8.3 Frustration-How conflict leads to frustration,
Types of conflicts – 3 types (approach avoidance, app-app, avoi-avoi)
Direct and indirect ways to solve a problem.
- 8.4 Definition of Mental Health & Principles of Mental Health.
- 8.5 Emotion: Nature & definition
Expressions and perception of emotions concept of Emotional Quotience (EQ)

Books:

- 1) Psychology Essentials: 2, John w. Sunstroke Tata McGraw Hills New Delhi
Edi. 2006 Rs. 450/-
- 2) Psychology –The Science-of mind & behaviors. Rs. 490/- Micheel w. Passer,
Ronold E.Smith. Tata McGraw Hill (3rd Edi.) 2004
- 3) Understanding Psychology Feldman Robert S (2002), Tata McGraw Hill (6 Edi)
- ४) सामान्य मानसशास्त्र २००१ : डॉ.बच्छाव, बडगुजर, शिंदे, नाशिक दुसरी आवृत्ती
- ५) सामान्य मानसशास्त्र : र.वि.पंडीत, कुलकर्णी, गोरे, पिंपळपुरे पब्लीशर्स, नागपूर, १९९९
- ६) सामान्य मानसशास्त्र : डॉ.राणे, पवार, चौधरी, प्रशांत पब्लीकेशन, जळगांव

North Maharashtra University, Jalgaon

Revised Syllabus for Optional Paper

F.Y.B.A PSYCHOLOGY

PERSONALITY DEVELOPMENT

(To be implemented from June 2009-10)

Objectives:

- 1) To make the students aware about the concept of “Personality” and “Personality Development”
- 2) To help the students in analyzing his own personality.
- 3) To develop Cognitive and Emotive Skills in the students.
- 4) To develop behavior and interpersonal skills.

Semester-I

Marks 40

Code No. PSY-G-101 (B)

Period 48

Topics:

	Periods	Marks
1) The Meaning of Personality	(10)	(08)
1.1 What is personality? Social Value of personality		
1.2 Personality versus character		
1.3 Personality versus Individuality		
1.4 How personality improves consciousness.		
2) The personality pattern	(10)	(08)
2.1 Roles of heredity & learning		
2.2 Elements of the personality pattern		
2.3 Personality syndromes		
2.4 Differences in personality pattern		
3) Physical Determinants of Personality	(10)	(08)
3.1 Traditional beliefs about bodily effects		
3.2 Effects of body build on reaction to others		
3.3 Attractiveness, judgments & social attitudes		
3.4 Effect of physical defects on personality		

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| 4) Intellectual Determinants of personality | (08) | (08) |
| 4.1 Intellectual Development | | |
| 4.2 Conditions Influencing & Intellectual capacities | | |
| 4.3 Deviant Intelligence | | |
| 4.4 Major areas of adjustment affected by intelligence | | |

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| 5) Emotional Determinants of personality | (10) | (08) |
| 5.1 Emotional effects on personality | | |
| 5.2 Dominant Emotions | | |
| 5.3 Emotional balance & Deprivation | | |
| 5.4 Emotional stress | | |

<u>Semester-II</u>	Marks 40
Code No. PSY-G-201 (B)	Period 48

Topics:

- | | Periods | Marks |
|--|----------------|--------------|
| 6) Social determinants of personality | (10) | (08) |
| 6.1 Early Social Experiences | | |
| 6.2 Social deprivation & acceptance | | |
| 6.3 Prejudice & Discrimination | | |
| 6.4 Group status & Social mobility | | |
| 7) Sex Determinants of personality | (08) | (08) |
| 7.1 Effects of sexuality on personality | | |
| 7.2 Interest & attitudes towards sexuality | | |
| 7.3 Attitude toward own sex & sex differences | | |
| 7.4 Sex roles & sexual behaviors | | |
| 8) Educational & Family determinants of Personality | (10) | (08) |
| 8.1 Attitudes towards education | | |
| 8.2 Early school experiences, emotional climate of school or college | | |
| 8.3 Influence of family on personality development | | |
| 8.4 Size of family & Family roles | | |

- 9) Sick Personalities** (10) (08)
- 9.1 Determination of Personality Sickness
 - 9.2 Prevalence of Personality Sickness
 - 9.3 Causes of Personality Sickness
 - 9.4 Major categories of Personality Sickness
- 10) Healthy Personalities** (10) (08)
- 10.1 Number of Healthy personalities
 - 10.2 Diagnosing Healthy personalities
 - 10.3 Characteristics of Healthy personalities
 - 10.4 Aids to Achieving Healthy personalities

Books :

- 1) Hurlock Elizabeth B-Personality Development Tata M c Graw –Hill Publishing Company Ltd 10th Edition 2003.
- 2) Hjelle L.A. and Zeigler, D.J. (1976) – Personality, Theories, Basic Assumptions, Research And Publications. New York, McGraw Hill Book Co.
- 3) London, H. and Exner, J.E. (1978) – Dimensions of Personality, New York, Wiley.
- 4) Hall, C.S. and Lindzey, G (1978) – Theories of Personality, New York, Wiley.

F.Y.B.A. PSYCHOLOGY

Equivalent Syllabus of General Paper

Old Syllabus		New Syllabus	
G-1	General Psychology	PSY-101	General Psychology
		PSY-201	General Psychology
Optional Paper			
G-1	Psychology of Adjustment	PSY-101	Personality Development
		PSY-201	Personality Development